

Hand in Hand

L I G H T

SALPN Newsletter - 2010 Edition 1



CANADIAN OLYMPIC GOLD MEDALIST, JOAN MCCUSKER, TO BE KEYNOTE SPEAKER AT SALPN 2010 EDUCATION CONFERENCE AND AGM

The Saskatchewan Association of Licensed Practical Nurses is pleased to announce that the Keynote Speaker for their 2010 Education Conference and AGM will be Joan McCusker, Canadian Olympic Gold Medalist, Broadcaster and Motivational Speaker.

Joan McCusker believes it is ordinary people who do extraordinary things. Through her experiences as a teacher, mom, world champion curler, Olympic Gold Medalist and CBC Commentator, Joan has collected a number of observations on the attitudes that propel ordinary people to build extraordinary lives. With a big smile, plenty of

humour and tons of Olympic examples, Joan explains the type of attitude and teamwork that builds success in every aspect of life.

Joan McCusker won numerous awards as a member of the Sandra Schmirler Curling Team, including three Canadian and World Women's Curling Championships (1993, 1994, and 1997) and an Olympic Gold medal at the 1998 Nagano Games. Joan and her six brothers and sisters grew up on the family farm around Saltcoats, Saskatchewan. She graduated from the University of Saskatchewan in 1987 with a Bachelor of Education. She was an elementary school teacher until 1998 when she decided to focus her time and energy on being a mom, a curler, a CBC Sports commentator, a high performance consultant and a motivational speaker.

Joan and her husband Brian live in Regina with their three children, Rory (17), Christina (13) and Shae (10). Joan's travels have shown her successful people in all walks of life. She sees the parallels between sports psychology and successful strategies used in business, community and family. Joan has plenty of examples of ordinary people doing extraordinary things.



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Saskatchewan Association of Licensed Practical Nurses

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SALPN Council & Staff President

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President Elect

Rachel Kennedy, LPN

Members at Large

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LPN – Zone 1, West
Pauline Mason,
LPN – Zone 2, North
Kari Pruden,
LPN – Zone 3, Saskatoon City
Erin Ward,
LPN – Zone 4, Regina City
Carol Kosedy,
LPN – Zone 5, East

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Marjorie Bell
Lyle Karasiuk

Executive Director

Colin Hein

Registrar

Cara Brewster, LPN

Practice Consultant

Lynsay Donald, LPN

Complaints Investigator

Della Bartzen, LPN

Assistant Registrar

Bonnie Downes

Office Manager

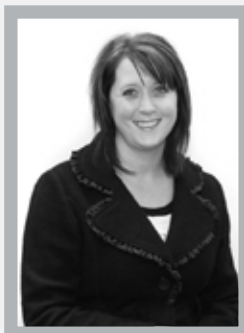
Sherry Husband

Administrative Assistant

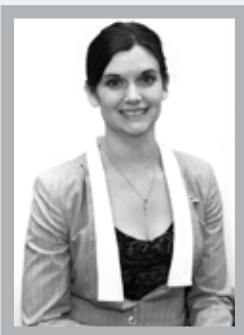
June Horsman

NEW REGISTRAR AND PRACTICE CONSULTANT JOIN SALPN

The Saskatchewan Association of Licensed Practical Nurses (SALPN) has welcomed two new staff in recent months.



Cara Brewster is the new SALPN Registrar. Cara has been an LPN for fourteen years with her most recent position being Director of Health Services in a Long Term Care facility. Cara brings a wealth of experience in nursing, administration and management to the position.



Lynsay Donald is the new SALPN Practice Consultant. Lynsay has been an LPN for eight years with her most recent experience being in Emergency Department Nursing and acute care roles. Lynsay brings frontline knowledge, enthusiasm and a variety of experience to this position.

Please welcome Cara and Lynsay to these important positions.

2010 SALPN PROFESSIONAL DEVELOPMENT DAY

Theme

Professionalism in Nursing

Date

Tuesday, October 26, 2010

Location

Regina

**SAVE THE DATE FOR THIS IMPORTANT
PROFESSIONAL DEVELOPMENT OPPORTUNITY**

PLAN NOW TO ATTEND

2010 Education Conference and Annual General Meeting Saskatoon TCU Place, 35-22nd Street East April 26-28 2010

Keynote Speaker: Canadian Olympic Gold Medalist and Broadcaster, Joan McCusker

Monday, April 26

Welcoming Reception

Tuesday, April 27 and Wednesday, April 28

Keynote Topics

Building Successful Teams
Collaborative Practice
The Role of Self-Regulating Bodies

Concurrent Education Session Topics

Renal Failure
Breast Health
Chronic Pain
Stroke
Depression

AGM

Awards Banquet

Member Early Bird Fee (Before March 31, 2010): \$175.00

Member Fee: \$200.00

Non-Member Fee: \$300.00

(Fees include the full two day conference with: Awards Banquet; Two Continental Breakfasts; Two Lunches; Conference Handouts)

Attendance at this two day conference is worth 3 Continuing Education Points

For Guest Room Reservations Contact:

Hilton Garden Inn Saskatoon Downtown

90-22nd Street East, Saskatoon

(306) 244-2311

Group Rate Name: Sask. Association of Licensed Practical Nurses

Holiday Inn Express

315 Idylwyld Drive North

(306) 384-8844

Group Rate Name: SALPN

Additional Hotels in the area are listed on the SALPN website

Cut-off date for the blocks of rooms is March 26, 2010

Registration Form is on back of Newsletter

NOMINATIONS TO THE SALPN COUNCIL

In 2010 there are two Member at Large positions up for election in Zones 2 and 4.

How do you determine which zone you are in? Your electoral zone is based on your principal place of employment, **not** your place of residence.

Zones 2 and 4 are defined as follows:

Zone 2 – North

All health agencies within the Athabasca, Keewatin Yatthe, Mamawetan Churchill River, Prairie North, Prince Albert Parkland and Kelsey Trail Health Authorities.

Zone 4 - Regina

All health agencies within the Regina city limits.

For further information about the Nominations process, and to access Application forms, please visit the SALPN website at www.salpn.com (About Us/ Council/Elections/Member at Large Nominations Form).

You can also contact the SALPN office at (888) 257-2576 or lpnadmin@salpn.com. Applications have to be in the SALPN office by **February 23, 2010**.

CALL FOR RESOLUTIONS

Saskatchewan Association of Licensed Practical Nurses Call for Resolution 2010 Annual General Meeting

1. Submission of Resolutions

The SALPN Executive Director must receive all resolutions for presentation at the Annual General Meeting before **February 22, 2010**. This allows sufficient time for review of the Resolutions and for publicizing them to chapters and individual members through the Annual Report.

2. Procedure at Annual Meeting

In compliance with the Licensed Practical Nurses Act, 2000, Section 28(1) the procedures at all meetings of the Association and of the Council shall be governed by the procedures contained in Appendix B and in most cases not provided for, by the Rules set out in Procedures for Meetings and Organizations, third edition, M. Kay Kerr and Hubert W. King, (Toronto, Canada: Carswell, 1996.)

Each resolution is read aloud from the Chair and the name of the member who submitted the resolution is stated. The Chair will then call for a mover and a seconder for the proposed resolution. The person moving the resolution will also be called upon to speak to it.



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SALPN AWARDS

Here is your chance to recognize your peers and celebrate the achievements of Licensed Practical Nurses from across the province.

The **SALPN Awards and Recognition Committee** is asking for nominations for four awards:

- LPN of Distinction
- Mentorship
- Lifetime Achievement
- Honorary Membership

Do you have someone you would like to nominate for one or more of these awards? If you do, please visit the SALPN website at www.salpn.com (Awards) where you can find more information about each of these Awards plus Application forms.

You can also contact the SALPN office at (888) 257-2576 or lpnadmin@salpn.com. All Award Applications have to be in the SALPN office by **February 22, 2010**.

2010 SALPN MEMBERSHIP SURVEY

Make Your Voice Heard

The Saskatchewan Association of Licensed Practical Nurses will be conducting its **2010 Membership Survey** during the month of February. Please take the time to complete this important survey and make your voice heard. For the first time ever the survey will be conducted completely online.

If you have provided the SALPN Office with an e-mail address, you will receive an e-mail invitation to complete the survey. The invitation will arrive in early February and will include the link to a secure website, where you can complete and submit your survey responses. The e-mail invitation will also include information on the User Name and Password you will need to enter the secure website.

If you do not have an e-mail address on file with the SALPN Office, we will send you the same information by regular mail in early February so that you can go to the secure website and complete your survey.

The online survey will be available twenty four hours a day, seven days a week for the month of February. This will allow members to access and complete their survey at a time of their choosing. The survey results are being collected and will be reported on by a professional market research firm located here in Saskatchewan. We will report the results of the survey on the SALPN website as soon as they are available, likely by mid-March.



2010 SALPN CONFERENCE APRIL 26, 27 & 28

REGISTRATION FORM

Member Fee: \$200.00

Member Early Bird Fee (before March 31, 2010) - \$175.00

Non member Fee - \$300.00

(A full two day conference including Education Sessions, Keynote Speakers, Welcome Reception, Awards Banquet, 2 Continental Breakfasts, 2 Lunches & Handouts)

Name _____ Reg. Number _____

Address _____

City _____ SK., Postal Code _____

Phone Number _____

Dietary Restrictions _____

Method of Payment:

Cheque _____ Money Order _____ Cash _____

Credit Card No. (Visa/MasterCard) _____

Expiry Date _____

For planning purposes, please register by April, 15 2010 to:

**SALPN
100 – 2216 Lorne Street
Regina, SK S4P 2M7**

(please complete and send separate form for each registrant)