

# Hand in Hand

## L I G H T

SALPN Newsletter - 2011 Edition 1



**Stephanie Staples, LPN**

### **The 2011 AGM will also feature:**

Dr. Andrea Lavoie, Cardiologist “Women’s Heart Health”

Panel Discussion: “Providing Health Services in Rural Saskatchewan” Learn about the challenges and highlights of rural health care from an LPN, RN Nurse Manager, and a Physician.

Dr. Kishore Visvanathan: “Advanced Access” A pioneer in improving patient access to the health care system.

“Quenching the Thirst” by Carol Klein, LPN: a study of dehydration in long term care.

“Building Effective Health Care Teams” by Lynn St.Onge, LPN.

And many more interesting speakers to inspire and educate the LPN!

## **APRIL 14 – 15 / 2011**

**EVRAZ PLACE, REGINA**

### **AGM 2011**

If you have ever been tired , overwhelmed, stressed and it's not even lunch time yet, you have something in common with our keynote speaker. Stephanie Staples has been there and bounced back. Now she is a woman on a mission....to engage, empower and enrich nurses globally. As an LPN she understands the challenges of the job. As the founder of Your Life, Unlimited, Stephanie shares her personal development as a radio and TV personality, as a high acclaimed international speaker and as a writer and author. If you are ready to enjoy every inch of your life and livelihood then buckle up and be prepared to enjoy this keynote address.

## SALPN AWARDS

Here is your chance to recognize your peers and celebrate the achievements of Licensed Practical Nurses from across the province.

The SALPN Awards and Recognition Committee is asking for nominations for four awards:

- LPN of Distinction
- Mentorship
- Lifetime Achievement
- Honorary Membership

[Do you have someone you would like to nominate for one or more of these awards?](#)

If you do, please visit the SALPN website at [www.salpn.com](http://www.salpn.com) (Awards) where you can find more information about each of these Awards plus Application forms.

You can also contact the SALPN office at (888) 257-2576 or [lpnadmin@salpn.com](mailto:lpnadmin@salpn.com). [All Award Applications have to be in the SALPN office by February 28, 2011.](#)

## CALL FOR RESOLUTIONS

### Saskatchewan Association of Licensed Practical Nurses Call for Resolutions 2011 Annual General Meeting

#### 1. Submission of Resolutions

The SALPN Executive Director must receive all resolutions for presentation at the Annual General Meeting by February 15, 2011. This allows sufficient time for review of the Resolutions and for publicizing them to chapters and individual members through the Annual Report.

#### 2. Procedure at Annual Meeting

In compliance with the Licensed Practical Nurses Act, 2000, Section 28(1) the procedures at all meetings of the Association and of the Council shall be governed by the procedures contained in Appendix B and in most cases not provided for, by the Rules set out in Procedures for Meetings and Organizations, third edition, M. Kay Kerr and Hubert W. King, (Toronto, Canada: Carswell, 1996.)

Each resolution is read aloud from the Chair and the name of the member who submitted the resolution is stated. The Chair will then call for a mover and a seconder for the proposed resolution. The person moving the resolution will also be called upon to speak to it.

## Nominations to the SALPN Council

In 2011 there are three Member at Large positions are up for election in Zones 1, 3 and 5, as well as the position of President Elect.

How do you determine which zone you are in? Your electoral zone is based on your principle place of employment, not your place of residence.

Zones 1, 3 and 5 are defined as follows:

- |                                    |  |
|------------------------------------|--|
| <a href="#">Zone 1</a> – West      | All health agencies within the Heartland, Cypress and Five Hills Health Authorities  |
| <a href="#">Zone 3</a> – Saskatoon | All health agencies within the Saskatoon city limits   |
| <a href="#">Zone 5</a> – East      | All health agencies within the Saskatoon, Sunrise, Regina Qu'Appelle and Sun Country Health Authorities except Regina and Saskatoon cities |

For further information about the Nomination process, and to access Application forms, please visit the SALPN website at [www.salpn.com](http://www.salpn.com) (About Us/Council/Elections)

You can also contact the SALPN office at (888) 257-2576 or [lpnadmin@salpn.com](mailto:lpnadmin@salpn.com).

[Applications have to be in the SALPN office by February 15, 2011.](#)

## 2011 Conference and Annual General Meeting

Evraz Place, 1700 Elphinstone St.  
Regina, Sask

**April 14 & 15, 2011**

Member Early Bird Fee (Before March 31, 2010): \$175.00

Member Fee: \$200.00

Non-Member Fee: \$300.00

(Includes Education Sessions, Keynote Speaker, Awards Banquet,  
2 Continental Breakfasts, 2 Lunches & Handouts)

Attendance at this two day conference is worth 3 Continuing Education Points

SALPN is considering offering shuttle service to the event location, Please indicate on your registration form if you would be interested in this service.

### For Guest Room Reservations Contact:

Best Western Seven Oaks

777 Albert St, Regina

(800) 667-8063

Group Rate Name: Saskatchewan Association of Licensed Practical Nurses

Group Rate available until March 13, 2011

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Ramada Hotel and Convention Centre (Downtown)

1818 Victoria Ave, Regina

(800) 667-6500

Group Rate Name: SALPN – Sask. Association of Licensed Practical Nurses

Group Rate available until March 13, 2011

**Conference Registration Form is on back of Newsletter**



# 2011 SALPN COVERENCE

## APRIL 14 & 15

### REGISTRATION FORM

Member Fee – \$200.00

Member Fee: Early Bird – \$175.00 (Before March 31, 2011)

Non Member Fee – \$300.00

(registration fee is non refundable)

(Includes Education Sessions, Keynote Speaker, Awards Banquet,  
2 Continental Breakfasts, 2 Lunches & Handouts)

Name \_\_\_\_\_ Reg. Number \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ SK, Postal Code \_\_\_\_\_

Phone Number \_\_\_\_\_

Dietary Restrictions \_\_\_\_\_

SALPN is considering offering a shuttle service to the event location. Please check if you would be interested in this service: \_\_\_\_\_

#### Method of Payment

Cheque Money Order \_\_\_\_\_

Credit Card No. (Visa / Mastercard) \_\_\_\_\_

Expiry Date \_\_\_\_\_

**For planning purposes, please return by April 7, 2011 to:**

SALPN  
700A – 4400 4<sup>th</sup> Ave  
Regina, SK S4T 0H8

(Please complete and send separate for for each registrant)