

## **CTRI Spring/Summer Workshops 2021**

### [Restorative Justice – Facilitating Dialogue](#)

Live Virtual, April 6-8, 2021

### [Borderline Personality Disorder – Understanding and Supporting](#)

Live Virtual, April 7, 2021

### [Trauma-Informed Care – Building a Culture of Strength](#)

Live Virtual, April 12, 2021

### [Counselling in Relationships](#)

Live Virtual, April 13-14, 2021

### [Social Emotional Learning – A Whole School Approach](#)

Live Virtual, April 13, 2021

### [Suicide Prevention, Intervention, and Postvention for Indigenous Communities and Organizations](#)

Live Virtual, April 15-16, 2021

### [Addictions and Mental Illness – Working with Co-occurring Disorders](#)

Live Virtual, April 20, 2021

### [Challenging Behaviours in Youth – Strategies for Intervention](#)

Live Virtual, April 21, 2021

### [Harm Reduction – A Framework for Change, Choice, and Control](#)

Live Virtual, April 22, 2021

### [Violence Threat Assessment – Planning and Response](#)

Live Virtual, April 27, 2021

### [Brief Focused Counselling Skills - Strategies from Leading Frameworks](#)

Live Virtual, April 28-29, 2021

### [Attachment - Strategies for Fostering Connections](#)

Live Virtual, May 4, 2021

### [Trauma - Strategies for Resolving the Impact of Post-Traumatic Stress](#)

Live Virtual, May 5-6, 2021

### [Certificate in Responding to Trauma and Grief for Indigenous Communities and Organizations](#)

Live Virtual, May 10-14, 2021

[Motivational Interviewing - Strategies for Supporting Change](#)

Live Virtual, May 11, 2021

[Play Therapy - Tools for Helping Children and Youth](#)

Live Virtual, May 12-13, 2021

[Anxiety - Practical Intervention Strategies](#)

Live Virtual, May 18, 2021

[Depression - Practical Intervention Strategies](#)

Live Virtual, May 19, 2021

[Addictions and Youth - Substances, Technology, Porn](#)

Live Virtual, May 27, 2021

[Dialectical Behaviour Therapy - Balancing Acceptance and Change](#)

Live Virtual, May 28, 2021

[Providing Support Remotely - Strategies for Helping From a Distance](#)

Live Virtual, June 1, 2021

[Self-Injury Behaviour in Youth - Issues and Strategies](#)

Live Virtual, June 1-2, 2021

[The Ethics of Helping - Boundaries and Relationships](#)

Live Virtual, June 3, 2021

[Lateral Violence - Working Towards Solutions for Indigenous Communities & Organizations](#)

Live Virtual, June 8-9, 2021

[De-escalating Potentially Violent Situations™](#)

Live Virtual, June 8, 2021

[Walking Through Grief - Helping Others Deal with Loss](#)

Live Virtual, June 9-10, 2021

[Body-Oriented Trauma Counselling Strategies](#)

Live Virtual, June 15-16, 2021

[Eating Disorders - From Image to Illness](#)

Live Virtual, June 17, 2021

[Cognitive Behavioural Therapy - Tools for Thinking Differently](#)

Live Virtual, June 22, 2021

[Trauma-Informed Leadership](#)

Live Virtual, June 22, 2021

[Narrative Therapy - Tools for Exploring Stories](#)

Live Virtual, June 23, 2021

[Vicarious Trauma - Strategies for Resilience](#)

Live Virtual, June 29, 2021

[Critical Incident Group Debriefing](#)

Live Virtual, July 6, 2021

[Anxiety in Children and Youth - Practical Intervention Strategies](#)

Live Virtual, July 7, 2021

[Certificate in Crisis and Trauma Response](#)

Live Virtual, July 12-23, 2021

[Clinical Supervision - Skills for Developing Counsellors](#)

Live Virtual, July 13, 2021

[Counselling in Relationships](#)

Live Virtual, July 14-15, 2021

[Autism - Strategies for Self-Regulation, Learning, and Challenging Behaviours](#)

Live Virtual, July 14-15, 2021

[Borderline Personality Disorder - Understanding and Supporting](#)

Live Virtual, July 20, 2021

[Gender and Sexual Diversity in Youth](#)

Live Virtual, July 21-22, 2021

[Trauma - Strategies for Resolving the Impact of Post-Traumatic Stress](#)

Live Virtual, July 27-29, 2021

[Play Therapy - Tools for Helping Children and Youth](#)

Live Virtual, July 28-29, 2021

[Providing Support Remotely - Strategies for Helping From a Distance](#)

Live Virtual, August 4, 2021

[Wellness Strategies - Stress, Compassion Fatigue, and Resilience](#)

Live Virtual, August 5, 2021

[Certificate in Mental Health Counselling Skills](#)

Live Virtual, August 9-20, 2021

[Mindfulness Counselling Strategies - Activating Compassion and Regulation](#)

Live Virtual, August 11-12, 2021

[Fetal Alcohol Spectrum Disorder - Strategies for Supporting](#)

Live Virtual, August 12-13, 2021

[De-escalating Potentially Violent Situations™](#)

Live Virtual, August 17, 2021

[Addictions and Mental Illness - Working with Co-occurring Disorders](#)

Live Virtual, August 18, 2021

[Harm Reduction - A Framework for Change, Choice, and Control](#)

Live Virtual, August 19, 2021

[Trauma-Informed Care - Building a Culture of Strength](#)

Live Virtual, August 24, 2021

[Brief Focused Counselling Skills - Strategies from Leading Frameworks](#)

Live Virtual, August 25-26, 2021

[Depression - Practical Intervention Strategies](#)

Live Virtual, August 31, 2021